

**SEASONS' SIGNATURE RIB**

**APPETIZER**  
House recipe ribs tossed in orange soy glaze with scallions and herb oil  
\$13.99

**CHICKEN QUESADILLA**

Pulled chicken, pico de gallo, herb oil, scallion sour cream & cheddar cheese  
\$12.99


**STEAMED PORK DUMPLINGS**

Pork dumplings, sweet soy glaze & scallions  
\$12.99

**APPETIZER SAMPLER**

Hand breaded chicken tenders, Rob's chips, and cheese curds served with marinara sauce & tender dipping sauce  
\$17.99

**CRISPY TORTELLINI**

Fried cheese tortellini tossed in herb oil & Parmesan with marinara sauce   
\$12.99

**VEGETARIAN FRIENDLY**

Vegetarian friendly with hand breaded cheese curds served with house marinara sauce  
\$11.99

**SEASONS' TWICE BAKED**

Red bliss potato halves, house bacon bits, Seasons' cheese sauce, whipped potato & scallion sour cream  
\$11.99

**SEASONS' WINGS**

Served bone-in or bone-out. tossed in your choice of sauce, served with carrots & celery  
Bone-in \$12.99/\$16.99  
\$12.99 boneless with fries

**ROB'S CHIPS**

House-cut Maine chips, Seasons' cheese sauce, bacon bits & parsley  
\$10.99  
Substitute smoked Gouda cheese sauce for only \$1 extra

**PRETZEL BITES**

Vegetarian friendly with five salted soft pretzel sticks & smoked Gouda cheese sauce  
\$11.99

**SEASONS' NACHOS**

Tortilla chips, pulled roast chicken, cheddar cheese blend, lettuce, scallions, house pico de gallo & scallion sour cream  
\$13.99

**ROOT BEER BBQ PORK NACHOS**

Freshly cooked tortilla chips, house pulled pork, cheddar cheese root beer BBQ sauce, scallion sour cream, jalapenos & chopped scallions  
\$13.99

**CRAB RANGOONS**

Crab & cheese stuffed wontons, with a Maine maple sweet chili sauce  
\$10.99 

**BUFFALO CHICKEN DIP**

Three cheese blend house made buffalo dip with tortilla chips carrots and celery sticks  
\$12.99

**LOADED TOTS**

**TRENT'S BITES**

Tater tots topped with house cheese sauce, bacon bits, scallion sour cream & scallions  
\$10.99

**NACHO TOTS**

Your choice of either ground beef or pulled chicken, served with pico de gallo, shredded lettuce, Seasons' cheese sauce, scallion sour cream & scallions  
\$10.99

**PARM-CRUSTED TOTS**

Garlic cream, melted mozzarella, roasted chicken & Parmesan/ herb oil   
\$10.99

**NORTH OF THE BORDER FRIES**

Topped with melted cheese curds & house recipe gravy  
\$8.99

**"FLATTIES"**

**BBQ CHICKEN**

Pulled chicken, root beer BBQ sauce, melted cheddar cheese, smoked onions & topped with chopped scallions  
\$12.99

**LOADED BAKED POTATO**

Whipped Maine potato, cheddar cheese, bacon bits, cheese sauce, scallions & scallion sour cream  
\$12.99

**VEGGIE**

Roasted corn, onions, pico de gallo, mozzarella, garlic cream, Parmesan & herb oil  
\$12.99

**PEPPERONI**

House marinara sauce, pepperoni, mozzarella & Parmesan cheese  
\$12.99

**JALAPENO POPPER**

Crispy bacon bits, cheddar cheese, smoked jalapeno cream cheese spread & scallions   
\$12.99

# SALAD/SOUP

## CAESAR SALAD

Romaine tossed in our house caesar dressing with croutons & shredded Parmesan cheese  
\$10.99

\$14.99 with Grilled Chicken  
\$16.99 with Blackened salmon tips

## SEASONS' PICK TWO

CHOOSE ANY ONE OF THESE:

BLT

Seasons' turkey sandwich

Two W.A. Bean red snapper hot dogs

Grilled Cheese sandwich

AND ANY ONE OF THESE:

Soup of the day (cup )

Side house salad

Side Caesar salad

Haddock chowder (cup)

French onion soup

\$14.99

## BUFFALO CHICKEN SALAD

Crispy chicken tenders tossed in cilantro-lime hot sauce, romaine tossed in ranch dressing, bacon, red onion, shredded carrots, bleu cheese crumbles & croutons

\$14.99

## SEASONS' CHOPPED SALAD

Iceberg lettuce, roasted pulled chicken, cheddar cheese, house bacon bits, sliced egg, tomatoes, cucumbers, carrots, red onions & croutons

\$14.99

## HOUSE SALAD

Mixed greens, grape tomatoes, cucumbers, red onion rings, shredded carrots & croutons

\$10.99


## FRENCH ONION SOUP

Melted Gruyere & buttered croutons over a beef stock base

\$6.99

## ZUPPA TOSCANA

Creamy mix of spinach, sweet Italian sausage, onion, Maine red potato, garlic, & chicken broth

\$5.49/\$6.49 

## HADDOCK CHOWDER

Cream, potatoes, haddock, onions, bacon bits

\$5.99/\$6.99

## MADDIE'S PASTA

### FAGIOLI SOUP

Ground beef, veggies, beans, Ditalini pasta in a rich tomato broth

\$5.49/\$6.49 

# SAUCES

House root beer BBQ

Ranch

House sweet maple chili

House bleu cheese

# GLUTEN FREE SAUCES

House honey mustard

House cilantro-lime hot

House recipe hot

Sonny's smoky habanero

House Italian vinaigrette

House honey mustard

House balsamic vinaigrette

# PASTA

## SEASONS' MAC & CHEESE

Seasons' house cheese sauce & topped with bread crumbs  
\$13.99

## BUFFALO MAC


Cilantro-lime tossed crispy chicken tenders, Seasons' house cheese sauce, blue cheese crumbles & topped with chopped scallions  
\$18.99

## ALFREDO

Ziti tossed in house alfredo sauce with pulled chicken, broccoli & topped with shredded Parmesan  
\$17.99

\$18.99 Substituting blackened chicken for pulled chicken

## CHEESE TORTELLINI

Topped with seared chicken, roasted asparagus, smoked onions & blistered tomatoes, all tossed in pink vodka sauce & Parmesan cheese  \$19.99

## SWEET CHILI MAC

House made sweet chili tossed tenders over our mac & cheese topped with scallions  
\$18.99

# 5 DOLLAR DESSERTS

## BROWNIE SUNDAE

Warm brownie topped with chocolate syrup, whipped cream & vanilla ice cream

## BLUEBERRY CHEESECAKE

House made cheesecake topped with Maine blueberry sauce & whipped cream

## LUNA'S WARM APPLE CAKE

Chef's daughter's cake recipe with house made cinnamon ice cream, caramel drizzle & chopped walnuts

## CHOCOLATE MOUSSE

Silky chocolate mousse, chocolate drizzle, whipped cream

## LUNA'S CARROT CAKE

Housemade carrot cake, cream cheese frosting, chopped walnuts & orange ginger drizzle 

# BURGERS AND SANDWICHES

## HAMBURGER

Char-broiled Angus burger lettuce, tomato & red onion with house short-cut fries

\$13.99

With cheddar & bacon \$15.99


## SEASONS' SMASH BURGER

Twin Angus beef patties, sauteed mushrooms, sauteed onions, American cheese, Main street aioli & house short-cut Maine fries

\$15.99

## BRADY'S JAMMIN' BURGER

Seared Angus burger, smoky bacon onion jam, melted gruyere, Main St aioli & Maine house short-cut fries

\$15.99 

## SEASONS' TURKEY SANDWICH

Roasted turkey, bacon, iceberg lettuce, tomato, mayo, house short-cut Maine fries, served on a toasted white loaf or in a wrap

\$14.99


## VEGGIE BURGER

House-made black bean burger recipe with lettuce, tomato, red onion & house short-cut fries

\$12.99


## BUFFALO CHICKEN CAESAR WRAP

Crispy chicken, cilantro-lime hot sauce, romaine tossed in house caesar dressing, crushed house-made croutons, Parmesan cheese & served with house short-cut Maine fries

\$15.99 

## CRISPY HONEY HOT CHICKEN WRAP

Crispy fried chicken tossed in house honey hot sauce in a wrap with crispy red rings & house short cut fries

\$15.99 

## STEAK & CHEESE

Shaved prime rib, green peppers, mushrooms & onions topped with Seasons' house cheese sauce

\$15.99

# ENTREES

## GRILLED SIRLOIN TIPS

Seared sirloin tips over jasmine rice with green peppers, mushrooms & caramelized onions with an herb oil garnish

\$18.99

## GRILLED NEW YORK SIRLOIN STRIP

A 12oz choice strip sirloin served with whipped potatoes, & green beans. Garnished with demi glace & a garnish of crispy red onion rings

\$26.99

## CRISPY TENDER DINNER

Hand-dipped chicken tenders with house short-cut Maine fries.

\$15.99


## KETO GRILLED BRUSCHETTA CHICKEN

A gluten free meal of herb grilled chicken, melted mozzarella, olive oil roasted tomatoes, smoked onions & green beans, herb oil & fresh Parmesan cheese

\$17.99


## BLACKENED SALMON TIP BOWL

Buttered jasmine rice, sauteed green beans, corn & smoked onions with an herb oil drizzle

\$18.99 

## SOY GLAZED MEATBALLS

House fried rice, buttered green beans, Seasons' meatballs and a sweet soy glaze

\$17.99 

## DOUBLE PLAY COMBO PLATTER

Served with coleslaw, choice of dipping sauce & Maine house cut fries Pick any two full portions of the following for

\$19.99

CHICKEN TENDERS  
HADDOCK NUGGETS  
BABY SHRIMP

## SEASONS' CRISPY RIB DINNER

House cooked baby back ribs crisped & tossed in orange soy glaze with house short-cut Maine fries & crispy red onion rings

\$19.99


## FRIED CLAM DINNER

Fresh whole clams, house short-cut Maine fries & coleslaw

\$23.99

## SPRING SALMON

Seared salmon with roasted spring asparagus, whipped potato & a Maine maple syrup drizzle

\$18.99 

## BAKED HADDOCK

served with whipped potato & Seasons' vegetables  
May be fried upon request

\$17.99

## CRISPY SHRIMP DINNER

Crispy shrimp, house short-cut Maine fries & coleslaw

\$16.99

## CRISPY HADDOCK NUGGET DINNER

Crispy haddock nuggets served with house short-cut fries & coleslaw

\$16.99

## PRIME RIB

Friday and Saturday after 4 pm

A gluten free dish of Seasons' signature prime rib, whipped potatoes, Seasons' vegetables, side of creamy horseradish & topped with au jus

12 or 16 Ounce  
Priced Daily

# SEASONS' BANQUETING INFORMATION

FOUR PRIVATE RENTABLE AREAS ( SOON TO BE SIX)

WE CAN ACCOMODATE 12 TO 200 PEOPLE

VARIOUS MENUS AVAILABLE

ELEVATOR ACCESS TO OUR LARGE ROOM DOWNSTAIRS

FULL BAR SERVICE AVAILABLE IF WANTED

STAGE AVAILBLE IN OUR DOWNSTAIRS AREA

TABLES SET UP TO SUIT YOUR NEEDS

VISIT OUR WEBSITE [SEASONSBANGOR.COM](http://SEASONSBANGOR.COM)

## TRIVIA MONDAYS

EVERY MONDAY AT 6:30

THEMED AND UN-THEMED NIGHTS

PRIZES EACH WEEK

FOLLOW US ON FACEBOOK FOR MORE INFO

# SCAN WITH YOUR PHONE

VIEW OUR WEEKLY SPECIALS,  
GET UPDATED ON EVENTS &  
SEE OUR BEER/DRINK LISTS





## **PRIME RIB NIGHTS**

**FRIDAY AND SATURDAY NIGHTS AFTER 4 PM AS SUPPLY LASTS**



**EVERY MONDAY AT 6:30**

**PRIZES EACH WEEK**

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**SCAN THIS CODE WITH YOUR PHONE TO VIEW OUR  
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EXCITING OFFERS**



**BANQUET BOOKING INFORMATION**

**AVAILBLE AT**

**SEASONSANGOR.COM**