

SPINACH ARTICHOKE DIP NEW

House spinach and artichoke cheese dip recipe with tortilla chips
\$13.49

CHICKEN QUESADILLA

Pulled chicken, Pico De Gallo, herb oil, scallion sour cream & cheddar cheese \$12.99
\$6 Happy Hour

BONELESS TENDER APPETIZER

Small order of our crispy tenders with a choice of sauce
\$12.99
\$6 Happy Hour

APPETIZER SAMPLER

Hand breaded chicken tenders, Rob's chips, and cheese curds served with marinara sauce & tender dipping sauce
\$18.49

CRISPY CHEESE CURDS

Hand breaded cheese curds served with house marinara sauce
\$11.99

SEASONS' TWICE BAKED

Red bliss potato halves, whipped potato, house bacon bits, Seasons' cheese sauce, scallions & scallion sour cream
\$12.49
\$6 Happy Hour

SEASONS' WINGS

Served bone-in and tossed in your choice of sauce with celery and carrot stick garnish
Five \$12.99
Ten \$18.99

ROB'S CHIPS

House-cut Maine kettle chips, Seasons' cheese sauce, bacon bits & parsley garnish
\$10.99
\$6 Happy Hour

Substitute smoked Gouda cheese sauce for only \$1

PRETZEL BITES

Five vegetarian friendly salted soft pretzel sticks with smoked Gouda cheese sauce
\$12.49

SEASONS' NACHOS

Tortilla chips, pulled roasted chicken, cheddar cheese blend, lettuce, scallions, house Pico De Gallo & scallion sour cream
\$14.49

ROOT BEER BBQ PORK NACHOS

Freshly cooked tortilla chips, house pulled pork, cheddar cheese, root beer BBQ sauce, scallion sour cream, jalapenos & chopped scallions
\$14.49

CRAB RANGOON

Six Rangoon served with our sweet chili sauce
\$12.99

BUFFALO CHICKEN DIP

Three cheese blend house made buffalo dip with tortilla chips, carrots & celery sticks
\$13.49
\$6 Happy Hour

LOADED FRIES OR TOTS

TRENT'S TATER SKIN STYLE BITES NEW

Melted cheddar cheese, bacon bits, scallion sour cream & scallions
\$11.99

NACHO LOAD

Your choice of either beef or pulled chicken served with Pico De Gallo, shredded lettuce, Seasons' cheese sauce, scallion sour cream & scallions
\$11.99

PHILLY STYLE CHICKEN NEW

Pulled chicken, sauteed green peppers, caramelized onions, sauteed mushrooms, & house cheese sauce
\$11.99

NORTH OF THE BORDER

Topped with melted cheese curds & house recipe gravy
\$10.99

"FLATTIES"

SPICY LUAU NEW

Pulled pork, jalapenos, pineapple chunks and bacon bits, root beer BBQ sauce, melted mozzarella cheese, & topped with chopped fresh cilantro
\$13.49

SWEET CHILI CHICKEN NEW

Pulled chicken, diced red onion, bacon bits & mozzarella cheese over our house sweet chili sauce topped with ranch dressing & chopped scallions
\$13.49

VEGGIE

Roasted corn, onions, Pico de Gallo, mozzarella, garlic cream, Parmesan & herb oil
\$13.49

PEPPERONI

House marinara sauce, pepperoni, mozzarella & Parmesan cheese \$13.49

BAC-ONION NEW

Alfredo sauced flat bread topped with pulled chicken, bacon bits, diced tomato, mozzarella cheese & caramelized onions
\$13.49

SALAD/SOUP

CAESAR SALAD

Romaine tossed in our house Caesar dressing with croutons & shredded Parmesan cheese
\$11.49
\$17.99 with grilled chicken

SEASONS' PICK TWO

CHOOSE ANY ONE OF THESE:

Seasons' BLT
Seasons' turkey sandwich
Two W.A. Bean red snapper hot dogs
Grilled Cheese sandwich AND ANY ONE OF THESE: Soup of the day (cup)
Side house salad
Side Caesar salad
Haddock chowder (cup)
French onion soup
\$15.99

BUFFALO CHICKEN SALAD

Crispy chicken tenders tossed in cilantro-lime hot sauce, romaine tossed in ranch dressing, bacon, red onion, shredded carrots, bleu cheese crumbles & croutons

\$15.99

SEASONS' CHOPPED SALAD

Iceberg lettuce, roasted pulled chicken, cheddar cheese, house bacon bits, sliced egg, tomatoes, cucumbers, carrots, red onions & croutons

\$15.99

HOUSE SALAD

Mixed greens, grape tomatoes, cucumbers, red onion rings, shredded carrots & croutons

\$11.49

GREEK SALAD

Romaine tossed in a house italian topped with Kalamata olives, Feta cheese, cucumbers, red onions, tomatoes & banana peppers

\$15.99

FRENCH ONION SOUP

Melted Gruyere & buttered croutons over a beef stock base \$6.99

HADDOCK CHOWDER

Cream, potatoes, haddock, onions & bacon bits
\$6.49/\$7.49

SPANISH POTATO AND CHORIZO SOUP

Rich chicken broth with spicy sausage and many herbs & vegetables
\$6.49/\$7.49

SAUCES

House root beer BBQ
Ranch
House sweet maple chili
House bleu cheese
House bacon ranch
Spicy mayo

GLUTEN FREE SAUCES

House cilantro-lime hot
House recipe hot
Sonny's smoky habanero
House Italian vinaigrette
House honey mustard
House balsamic vinaigrette

PASTA

SEASONS' MAC & CHEESE

Seasons' house cheese sauced
Cavatappi topped with bread crumbs
\$15.99

BUFFALO MAC

Cilantro-lime tossed crispy chicken tenders over Seasons' mac and cheese, blue cheese crumbles & topped with chopped scallions
\$18.99

ALFREDO

Cavatappi tossed in house Alfredo sauce with pulled chicken, broccoli & topped with shredded Parmesan
\$17.99
\$18.99 May substitute blackened chicken for pulled chicken

TUSCAN PASTA

Cavatappi topped with pulled chicken, red sauce, cheese, spinach, onions, mushrooms, artichoke & a sprinkle of parmesan parsley 
\$18.99

SWEET CHILI MAC

House made sweet chili tossed tenders over our Seasons' mac & cheese topped with scallions
\$18.99

6 DOLLAR DESSERTS

BROWNIE SUNDAE

Warm brownie topped with chocolate syrup, whipped cream & vanilla ice cream

CHEESECAKE

House made cheesecake topped with Maine blueberry sauce or strawberry sauce & whipped cream

LUNA'S WARM APPLE CAKE

Apple cake recipe with house made cinnamon ice cream, caramel drizzle & chopped walnuts

SHORTCAKE

Your choice of either Maine blueberry sauce or strawberry sauce topped with whipped cream

BURGERS AND SANDWICHES

HAMBURGER*

Char-broiled Angus burger with house kettle chips

\$15.99

With cheddar & bacon \$16.99

Veggie Burger

\$ 14.99

SEASONS' SMASH BURGER

Twin Angus beef patties, sauteed mushrooms, sauteed onions, American cheese, spicy mayo & house kettle chips

\$16.49

CRISPY CHICKEN BACON RANCH WRAP

Crispy tenders, sliced bacon, cheddar cheese blend, shredded lettuce, bacon ranch dressing & house kettle chips

\$16.49

GREEK CHICKEN & HUMMUS WRAP

Hummus, pulled chicken, romaine lettuce, cherry tomatoes, cucumber, diced Feta Cheese & herb oil with house kettle chips

\$16.49

BUFFALO CHICKEN CAESAR WRAP

Crispy chicken tossed in cilantro-lime hot sauce, romaine tossed in house Caesar dressing, crushed house-made croutons, Parmesan cheese & served with house kettle chips

\$16.49

SEASONS' CUBAN

Pulled pork, sliced ham, Gruyere, pickle, yellow mustard on a hard roll with house kettle chips

\$16.49

MAINE LOBSTER ROLL

Maine lobstermeat from the Stonington docks mixed with mayo. Served with house kettle chips.

\$18.99

Double lobster roll \$ 29.99

STEAK & CHEESE

Shaved prime rib, green peppers, mushrooms & onions. Topped with Seasons' house cheese sauce served with house kettle chips.

\$16.99

ENTREES

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS

GRILLED SIRLOIN TIPS

Seared sirloin tips over jasmine rice with green peppers, mushrooms, caramelized onions & an herb oil garnish

\$18.99

CHOICE RIBEYE DINNER*

A 12oz choice ribeye steak served with whipped potatoes & green beans

\$27.99

SHRIMP BOWL

Blackened baby shrimp, guacamole, pineapple-mango salsa & creamy chili lime sauce over jasmine rice topped with fresh cilantro

\$17.99

CRISPY TENDER DINNER

Hand-dipped chicken tenders with Maine fries and choice of dipping sauce

\$16.49

KETO GRILLED BRUSCHETTA CHICKEN

A gluten free meal of herb grilled chicken, melted mozzarella, olive oil roasted tomatoes, smoked onions, green beans, herb oil & fresh Parmesan cheese

\$18.99

LEMON GINGER CHICKEN

Grilled jumbo tenders with a ginger glaze over jasmine rice with pineapple-mango salsa & a spicy mayo finish

\$18.99

DOUBLE PLAY COMBO PLATTER

Served with coleslaw, choice of dipping sauce & Maine fries. Pick any two full portions of the following for

\$20.49

CHICKEN TENDERS
HADDOCK NUGGETS
BABY SHRIMP

SEASONS' CRISPY RIB DINNER

House crisped baby back ribs tossed in orange soy glaze & served with Maine fries

\$20.99

FRIED CLAM DINNER

Fresh whole belly clams, Maine fries & coleslaw

\$26.99

BLACKENED HADDOCK TACO BOWL

Blackened haddock, rice, Pico De Gallo, black beans, corn, diced red onion & a creamy avocado sauce

\$18.99

BAKED HADDOCK

Topped with cracker crumbs. Served with whipped potato & Seasons' vegetables. May be fried upon request.

\$18.99

CRISPY SHRIMP DINNER

Crispy shrimp, Maine fries & coleslaw

\$17.99

CRISPY HADDOCK NUGGET DINNER

Crispy haddock chunks hand-cut fries & coleslaw

\$17.99

PRIME RIB*

Friday and Saturday after 4 pm. A gluten free dish of Seasons' signature prime rib, whipped potatoes, Seasons' vegetables, side of creamy horseradish sauce & topped with au jus

12 or 16 Ounce
Priced Daily